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NEWS
WORTH
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PM talks tough on tackling ISIS

Harper vows his government will do more to deal with extremism after group levels threat at Canadians **PAGE 8**

Actor having a S.H.I.E.L.D. day at his job

Brett Dalton relishes role of Agent fans love to hate **PAGE 13**

COMMISERATING COMMISSIONERS

NHL'S GARY BETTMAN SAYS BELEAGUERED NFL BOSS ROGER GOODELL IS DEALING WITH A 'DIFFICULT SITUATION' **PAGE 17**

A reason to listen to radio again



PICKING UP THE PIECES

Song-Ho Yang and Angela Jorgensen pose for a photo on Portland Place on Monday. Yang's Martial Arts Centre was located in the commercial building that burned to the ground earlier this month and now they are raising money to get back up off the ground. Story, page 3. JEFF HARPER/METRO

'Some solace' for mother of victim in child-porn case

'She just wanted to be validated.' Guilty plea brings some comfort, but publication ban has silenced teen, mom says

The mother of a teenage girl victimized in a prominent child pornography case said she felt a measure of comfort Monday after one of the accused pleaded guilty, but she also believes her daughter's story is not getting the attention it deserves because of a publication ban.

"I do feel some solace in that she just wanted to be validated," the mother said after one of two men charged in the case in Halifax pleaded guilty to making child pornography.

"She wanted ... people to know that this actually happened to her instead of being blamed for ... (it)."

But the mother said a mandatory publication ban that prevents her daughter, now deceased, from being identified has effectively silenced her.

"The reason she came forward and she was brave and told her story is because she didn't want the silence," the mother said outside court.

The Crown dropped a second charge of distributing child pornography against the accused, who is now 20 but cannot be named because the offence occurred when he was 17.

Based on an agreed statement of facts read into the court record by Crown lawyer Alexander Smith, the teen girl, then 15, went to the accused's house where she, a friend and four male youths drank alcohol in the fall of 2011.

Smith said the accused took a photograph later that night with his cellphone of one of the male youths having sex with the girl while she was vomiting.

Next step

The accused has a sentencing hearing scheduled for Nov. 13.

She was unaware the picture was being taken and did not give consent to it, Smith said.

After the accused was arrested in 2013, he told police he sent the photograph to the male youth who had sex with the girl the next day, Smith said. The accused is not alleged to have sent the photograph to anyone else, but the image was distributed to numerous people, most of whom attended the same high school the girl did.

The girl died after she was taken off life-support following a suicide attempt in 2013. Her family says she was bullied for months as a result of the photo. **THE CANADIAN PRESS**



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FIVE THINGS YOU NEED TO KNOW TODAY

1

LOVE IS GONE

Bad news for fans of Martina McBride: the country music superstar has cancelled her show at the Dartmouth Sportsplex on Oct. 2 due to "unforeseen circumstances."

2

CITY BUSINESS

Halifax council is back in session Tuesday, with outdoor patios and solid-waste pickup the hot topics. Reporter Ruth Davenport will be live tweeting via @ncnvenientruth.

3

INCOME GAP

Older Canadians now earn 64 per cent more after tax than younger workers, up from a 47 per cent gap nearly 30 years ago, according to a Conference Board of Canada report.

4

LEGEN ... DARY

Still trying to figure out the pineapple mystery? Want to relive all those Barney-isms? The complete ninth season of *How I Met Your Mother* drops on DVD and Blu-ray today.

5

SAVING JFK

Stephen King's time-travel novel about the Kennedy assassination is being adapted as a nine-hour miniseries. 11/22/63 includes the author and J.J. Abrams as executive producers.

Martial artist loses inner calm over suspected arson

Yang's Martial Arts Centre. Student says class is like family and dojo was their home



HALEY
RYAN

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Taekwondo student Angela Jorgensen said it was devastating enough to learn that her martial-arts studio burned to the ground, but the recent announcement that police suspect arson makes her "quite angry."

Jorgensen trains with Yang's Martial Arts Centre, one of the organizations that became homeless when a fire destroyed their commercial building at 5426 Portland Place on Sept. 14.

"Hearing that it's ... an arson investigation, that was just really upsetting," Jorgensen said Monday.

"I was also quite angry to be honest, because our dojo is not just a place to exercise. We're like family, and it's therapy for us."

She estimates about \$10,000 worth of mats, pads, kicking shields and other gear was lost, in addition to student uniforms and the belt of owner Song-Ho Yang.

They are now trying to come up with fundraising ideas, which could include a silent auction or band night.

Classes are now being held at the Needham Community Centre, Jorgensen said. The space is smaller, so they are still looking for a more permanent home.

Halifax Regional Police spokesman Const. Pierre Bourdages said Monday the case had been handed to them after an investigator "came into some evidence that would suggest that this fire was suspicious."

He said there haven't been any developments yet, as it is "still very early on in the investigation."

She said other martial-arts groups have offered some gear, and they were going to look at what exactly is needed after Monday's practice.

"We're trying to get everything back as quickly as possible," Jorgensen said.



Song-Ho Yang and student Angela Jorgensen inspect the damage to a commercial structure on Portland Place. The building was gutted by a fire earlier this month. JEFF HARPER/METRO

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The Carrot co-op working to sprout 'as soon as we can'

Crunch time. Gottingen's newest grocer has pushed back opening day due to permit, renovation delays



HALEY RYAN

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The large windows of Gottingen Street's newest grocer show a renovation site with no veggies in sight yet, but the chair of the Community Carrot Co-Operative is hoping opening day will be sooner than later.

On Monday afternoon, Norman Greenberg walked through the storefront full of empty shelves at 2063 Gottingen as volunteers and construction workers put up the awning outside.

"We are on track to open as soon as we can," Green-

berg said, adding there have been renovation issues around plumbing and electrical work in the old building.

"I've been saying we're going to open in two weeks since June, so I'm still saying (that), but I have no idea."

The space was purchased with The Carrot's \$115,000 winnings from the Aviva Insurance contest nearly two years ago, Greenberg said.

They are now waiting on permits, and Greenberg said the store should be open as soon as they come in.

"It's been a difficult wrestle, but it's been positive too, because we're close," he said.

Greenberg has worked on Gottingen Street as a psychologist, and said he saw the need for fresh food in a whole neighbourhood that hadn't had access to local produce "for a long time."

Jon Nichols was helping with renovations Monday, and

Now hiring

Co-op Atlantic will be the main supplier alongside farms and businesses from across the province, Norman Greenberg said, and they are now in the midst of hiring about a dozen full and part-time employees.

said he wanted to help out with the "good cause" in his old neighbourhood although he now lives in Dartmouth.

"It was always more of a challenge," Nichols said about trying to buy groceries in the area. "You had to kind of plan more ahead where you had to go."

Greenberg said it's easy to grab prepared food but part of the co-op's mission is to help their members (200 so far) get back to basics with recipes and pop-up kitchens.



Norman Greenberg, chair of the Board of Directors for the Community Carrot Co-Op, unfurls a sign in the soon-to-be open Gottingen Street location. JEFF HARPER/METRO

Storm brings month's worth of rainfall to N.S.



A Nova Scotia Power worker inspects a fallen tree on Kane Street in Halifax on Monday. JEFF HARPER/METRO

It wasn't actually a hurricane, but the system that battered Nova Scotia Sunday night and into Monday caused localized flooding, basement leaks, and thousands of power outages nonetheless.

Environment Canada meteorologists said 103 millimetres of rain was recorded at Halifax Stanfield International Airport, most of it in a six-hour period overnight.

That's one millimeter more than the normal rainfall

total for the entire month of September.

Tracey Talbot said the problem wasn't just the amount of rain that fell, but the speed.

"These are the kind of rainfall rates that you typically get localized flooding, flash flooding situations," she said. "We saw 20, 30, even 40 millimetres in an hour."

Wind speeds reached 83 kilometres an hour at the airport, and Talbot said they ranged from 70 to 90 km/h in

Rained out

46

The Halifax Regional School Board cancelled classes at 46 schools across HRM, and several businesses and government offices were delayed opening or closed for the day.

the Halifax region.

Downed trees and branches caused power outages to peak at more than 50,000, ac-

cording to Nova Scotia Power. That was down to just over 600 by late Monday afternoon.

Talbot said it was the storm's tropical attributes that made it so severe.

"This air mass did have a lot of tropical characteristics with it, being warm and moist," she said. "That's the kind of thing that we often see in the fall around here when these systems come up."

RUTH DAVENPORT/METRO

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Five charged with taking local banks for thousands

Five Ontario residents are scheduled to appear in Halifax provincial court Tuesday, accused of stealing thousands of dollars from local banks.

Halifax Regional Police officers responded to the Bank of Montreal on Quinpool Road on Sept. 19 after staff became "suspicious of a customer," according to a release.

The release states the of-

ficers found the man had fake ID and was trying to access an account that wasn't his.

The man was arrested at the scene, and investigators determined that he, along with four other people, had defrauded other Bank of Montreal branches in the city earlier in the day.

The four other suspects were arrested at a downtown hotel that evening.

Halifax Regional Police Const. Pierre Bourdages said the stolen funds totalled more than \$10,000.

Two men and three women, between 20 and 27 years old, are facing charges that include fraud over \$5,000.

They were held in custody over the weekend, and police say more charges are anticipated.

RUTH DAVENPORT/METRO



Cleaning up after the storm

Workers pick up driftwood along the waterfront in the Dartmouth Cove area on Monday. Many residents in the metro region were cleaning up after heavy winds and rains pelted the region overnight Sunday and into Monday morning. **JEFF HARPER/METRO**

Give them jobs, pay them fairly

Message for the Liberals. Students' group eyes ideas to keep young people in Nova Scotia



RUTH DAVENPORT
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A student group in Nova Scotia is suggesting the Liberal government use the savings from a cancelled graduate retention tax rebate to keep more young professionals in the province.

StudentsNS Released the "No More Farewells" report Monday, containing more than a dozen recommendations to reinvest \$35 million a year it says will be saved by the elimination of the Graduate Retention Rebate (GRR), announced in April's spring budget.

"Most of the money was going to go to people that were staying here anyway," said executive director Jonathan Williams. "It's great to have the

Quoted

"I think all of us have friends and relatives who have left this province."

Jonathan Williams of StudentsNS

people that are staying here do a little better ... but ultimately if you can invest that money in a way that keeps more young people here, that's a better deal for the province in the long run."

The report paints a gloomy picture of the economic prospects facing students and new graduates, stating Nova Scotia has seen 28 consecutive years of net losses of residents between the ages of 20 and 34.

Williams said it's imperative for employers, but more importantly government, to take action.

"Employers need to ... recognize that first of all, we need young people here, and secondly, they have a lot to contribute," he said. "But government needs to provide support to en-

able them to follow through on that commitment."

Chief among the 18 recommendations are the inclusion of provisions about student hiring in any government loan or payroll subsidy to private business, and the creation of a one-stop online information portal about government programs and incentives for employers who hire students or new graduates.

The report also recommends increased funding for career counselling services and "experiential learning" opportunities at post-secondary institutions. It calls on employers to hire more students or new graduates and compensate them fairly.

Williams said discussions are ongoing with the province about the reinvestment of the GRR, but said he's confident that public opinion is on the students' side.

"I feel like this government is going to be hearing from a lot of people about the need for them to come to their senses and reinvest some of that money," he said.

the crash just after 2 p.m. on Highway 105 near Baddeck.

RCMP spokesman Sgt. Al LeBlanc says the victim was driving a Honda Civic and stopped to make a left-hand turn in traffic when she was rear-ended by a pick-up truck.

Police say the collision pushed the victim's vehicle into a tractor trailer that was coming in the opposite

direction.

The 45-year-old victim, who is from Middle River, died at the scene. The driver of the pick-up was treated on scene by paramedics, while the person behind the wheel of the tractor trailer wasn't hurt.

Highway 105 was closed in both directions for several hours as police investigated the crash. **METRO**

Eastern Front Theatre lineup launched

Eastern Front Theatre's 22nd season kicks off next month, promising a full year of Atlantic shows featuring Hali-famous folks, an evening with Mary Walsh, and plays ranging from comedy to drama.

The Eastern Front Theatre announced Monday that the Stages Theatre Festival will be held next spring with a full program announced in April, and the main season begins with a New Brunswick play written and performed by Marshall Button: Lucien's Labour Lost, running Oct. 14 to 19.



Mary Walsh
CONTRIBUTED

Hali-wood Squares is up in November featuring familiar local faces participating

in a live trivia and comedy game show, followed by The Cave Painter March 10 to 15 starring Jenny Munday in the show about being an artist dealing with loss.

An evening with comedian Mary Walsh of This Hour has 22 Minutes is set for April 18 in the Bella Rose Arts Centre. Walsh will perform her best characters, comedy bits and political satire and be joined on stage by Sharron Matthews.

Go to easternfront-theatre.com for ticket information.

METRO

Woman hit by car, hospitalized

Halifax police say a woman was taken to hospital Sunday night for an assessment after being bumped by a car as she used a marked crosswalk.

At 9:30 p.m., a 20-year-old woman was crossing Joseph Howe Drive at Scot Street in

a marked crosswalk when a car driven by an 88-year-old man turned right from Scot Street onto Joseph Howe on a green light and bumped her.

According to a release, she was taken to hospital by

paramedics for assessment of a possible arm injury.

No violation was issued, and police noted in the release it was very windy, raining heavily and very dark at the time of the accident.

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Deadly crash

Woman killed after car pushed into tractor trailer

Police are investigating a fatal three-vehicle accident in Nova Scotia that has left a woman in her 40s dead.

The RCMP were called to

Father only 'a little bit shocked' by charges after RCMP officer hit

Accused makes court appearance. 19-year-old man allegedly ran over cop with truck outside Windsor gas station, arrested after a short pursuit

The father of a 19-year-old man charged with running over an RCMP officer says he was not completely surprised at the allegations.

"A little bit shocked, but not a whole lot, to be honest," Chris Prudhomme said about the charges his son Cody faces.

"Shocked that he hit somebody with his truck, of course. That's not his nature. But taking off, that didn't shock me."

Chris Prudhomme spoke to the media outside Windsor court Monday morning where



Cody Andrew Prudhomme is escorted out of court in Windsor on Monday. HANTS JOURNAL

his son was making a brief appearance.

He says the teenager hasn't been living at home for the last month and previously at-

tended Lockview High School.

According to RCMP, Cody Andrew Prudhomme is facing multiple Criminal Code charges, including assault with a

weapon, dangerous driving causing bodily harm, failing to stop for police, resisting arrest and dangerous driving.

Reading of the charges

was waived during Cody Prudhomme's court appearance Monday and he was remanded into custody.

Shortly after 6 p.m. on Sept.

Officer recovering

A provincial RCMP spokesman said the officer, a member of the Windsor RCMP detachment, is recovering from injuries to his legs.

20, outside the Ultramar gas station on Wentworth Road in Windsor, an RCMP officer was investigating an alleged theft when he was allegedly struck by a black Dodge Dakota truck with a roll bar and large mud tires with black rims.

About an hour later, police say they arrested the driver after a short pursuit with officers.

The RCMP say the young man was taken into custody after he crashed his truck into a ditch on Highway 354 near Bull Meadows Range near Upper Rawdon. HANTS JOURNAL

Pictou man charged twice in less than 24 hours with DUI

Apparently, the man didn't get the message the first time.

Police in Nova Scotia have charged a 48-year-old man with driving impaired behind the wheel twice in less than 24 hours.

On Saturday, the RCMP in Pictou say Brian Logan MacDonald of Central Caribou was charged with impaired driving and for failing to stop at the scene of an accident

'Troubling' trend

According to police, more than a person a week has been charged with impaired driving in Pictou County since April 1.

after he allegedly left a crash that happened on Chapel Street in Pictou.

Police say the man was held in police custody overnight — to sober up — but after being released the next morning, was stopped for allegedly driving impaired again. He was again charged with impaired driving.

"It's troubling to see that people continue to risk their own lives and the lives of others on a regular basis," RCMP Sgt. Kevin Dunlevy says in a release. METRO

Kings County

Michelin to purchase municipal airport land next to factory

Michelin has announced it will buy half of the municipal airport land that borders its factory in Nova Scotia's Annapolis Valley.

Company spokeswoman Deborah Carty says the \$1.8-million agreement with the Kings County Municipal Airport would give the tire manufacturer flexibility should it decide to expand its plant in Waterville.

Workforce

1,200

The Michelin plant employs about 1,200 people.

Carty says the deal will come into force once the small airport's operations end after September 2015.

The property is located on the northern side of the airport lands, directly behind the Waterville plant.

The Municipality of the County of Kings has voted to close the airport.

THE CANADIAN PRESS

Information sought

Cops investigate hit-and-run

Police in Pictou County are asking for the public's help in a hit-and-run case.

Around 9:30 p.m. Sunday, there was an accident involving a vehicle and a motorized bicycle at the Pictou rotary.

The vehicle involved in the crash didn't stop and police are trying to identify the driver.

The driver of the bicycle was hospitalized with non-life-threatening injuries. METRO

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New Brunswick's Conservatives cry foul as Liberals seize victory

Glitches on election night.

The Liberals have won a majority government in New Brunswick on a promise to rebuild the province's roads and bridges to create jobs, turfing the Progressive Conservatives from power after one term in office.

At 32, Brian Gallant is slated to become the country's youngest premier and leads the Liberals to their fourth straight election victory in the past year in Eastern Canada after wins by the party in Ontario, Quebec and Nova Scotia.

The Tory defeat on Monday makes 54-year-old David Alward the second straight premier to fail in his bid for a second term, a rarity in New



Left: Liberal Leader Brian Gallant is slated to become the country's youngest premier at age 32. Right: Progressive Conservative president Jason Stephen called on Elections New Brunswick to recount the ballots by hand. LEFT: ANDREW VAUGHAN/THE CANADIAN PRESS FILE; RIGHT: JACQUES BOISSINOT/THE CANADIAN PRESS



New technology

Tabulation problems cause uproar

The victory came after technical glitches with tabulation machines caused vote counting to be temporarily suspended.

The Progressive Conservatives called for all the ballots to be counted by hand to ensure the accuracy of the outcome.

"It is best to make sure that all votes are counted properly," said party president Jason Stephen.

"At that time we will accept the outcome of the election from the New Brunswick population."

Brunswick politics.

Green Party Leader David Coon was elected in the riding of Fredericton South, a

result that represents a breakthrough for a party that has never held a seat in the New Brunswick legislature.

At dissolution, the Progressive Conservatives had 41 seats, the Liberals 13 and there was one Independent.

Redistribution saw the number of seats in the legislature cut to 49 from 55 in this election. **THE CANADIAN PRESS**

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Mohamed Fahmy. Harper should speak up for jailed journalist at UN: Family

Amid diplomatic hustle and bustle expected as the UN General Assembly convenes this week, the family of an Egyptian-Canadian journalist imprisoned in Cairo is hoping the leaders of Canada and Egypt will find a quiet moment to discuss Mohamed Fahmy's case.

The gathering in New York is being attended by both Prime Minister Stephen Harper and Egyptian President Abdel Fattah el-Sisi — a rare coming-together. Fahmy's family hopes might yield some results.

"It's an excellent opportunity to seize," Fahmy's brother, Adel Fahmy, said. "I hope they can capitalize on it."

The family isn't necessarily hoping Harper will demand Mohamed Fahmy's immediate release — although that is their ultimate goal — rather, they hope Harper or his ministers can at least convince their Egyptian counterparts to move the case along.

"We (hope) that there will be a chance for the prime minister to speak to President el-Sisi about Mohamed and try to deliver the message that what we need is essentially two things — the appeal process to be expedited ... and also for the prime minister to ask that Mohamed get released for health reasons, a health re-



Mohammed Fahmy is pictured in a Cairo courtroom on March 31. HEBA ELKHOLY/EL SHOROUK/THE ASSOCIATED PRESS

Background

Fahmy was working for Qatar-based satellite news broadcaster Al Jazeera English when he was arrested on Dec. 29 along with two colleagues — Australian correspondent Peter Grete and Baher Mohamed, an Egyptian producer.

- The trio were accused of supporting the banned Islamist Muslim Brotherhood group of ousted Egyptian president Mohammed Morsi.

lease with bail and a travel ban," Fahmy's brother said.

THE CANADIAN PRESS

Immigration

Research suggests e-tracking better than detention

An internal federal study says electronic monitoring could be a useful alternative to locking up some immigrants and refugee claimants.

The study looks at the use of wired ankle bracelets, voice-recognition systems and other tracking tools in seven countries.

It suggests electronic monitoring can save money and reduce administrative burdens. The study could lay the groundwork for a pilot project to test the technologies.

A border agency spokeswoman says officials continue to study possible alternatives to detaining newcomers to Canada. THE CANADIAN PRESS

Fraser Institute

Police staff, costs going up as crime drops: Study

A study out of the Fraser Institute says policing costs and the number of officers continue to rise despite a decline in crime rates.

Study author Livio Di Matteo says between 2001 and 2012, police officers per 100,000 Canadians rose 8.7 per cent while the crime rate during the same period fell by 26.3 per cent.

Di Matteo says the cost of policing also went up by 45.5 per cent between 1986 and 2012, while the number of so-called criminal code incidents went down by 36.8 per cent.

Di Matteo says it is costing taxpayers more than ever to cover the costs when cities maintain a larger police force than warranted. THE CANADIAN PRESS

Afghan soldiers caught at U.S.-Canada border

Training exercise.

Three army officers who disappeared from U.S. base on Cape Cod weren't considered a threat to the public

Three Afghan National Army officers who went missing during a training exercise at a Cape Cod military base were detained Monday at the U.S.-Canadian border, Massachusetts law enforcement officials said.

Massachusetts state police were notified that the three were being questioned by federal authorities at Rainbow Bridge, which connects Niagara Falls, N.Y., and Niagara Falls, Ont., said spokesman David Procopio, who did not have further details.

There was no immediate comment from the Pentagon.

U.S. Customs and Border Protection officials in Niagara Falls said they didn't have the men in custody. Messages left for Canada Border Services Agency weren't immediately returned.

Military officials said the Afghan soldiers had been participating in a U.S. Central Command Regional Co-operation training exercise at Joint Base Cape Cod. They arrived at Camp Edwards on Sept. 11 and were last seen Saturday at the Cape Cod Mall in Hyannis during an off day.

The soldiers were reported missing by base security personnel Saturday night. They were identified as Maj. Jan Mohammad Arash, Capt.



Vehicles are stopped by security personnel as they enter a gate Monday to Camp Edwards, Mass., on Cape Cod. Three Afghan National Army officers who went missing during a training exercise at a Cape Cod military base were detained Monday at the U.S.-Canadian border. STEVEN SENNE/THE ASSOCIATED PRESS

Quoted

"There is a lot of speculation within the military that they may be trying to defect."

Massachusetts Gov. Deval Patrick

Mohammad Nasir Askarzada and Capt. Noorullah Aminyar.

Gov. Deval Patrick, who had been briefed over the weekend on the situation, said earlier Monday that the military did not believe the three soldiers posed a danger to the public.

"They were vetted by the

military. They were cleared by the military," Patrick told reporters while he visited a preschool program in Quincy.

Army Col. Steve Warren, a Pentagon spokesman, said earlier that 14 Afghans taking part in the Cape Cod military exercise were "thoroughly vetted" prior to coming to the U.S., so officials do not be-

lieve they are a threat.

The Regional Co-operation training exercises have been held annually since 2004 to promote co-operation and interoperability among forces, build functional capacity, practice peacekeeping operations and enhance readiness.

This year's exercise, which involves more than 200 participants from six nations including the U.S., is scheduled to wrap up Wednesday. Military officials from Tajikistan, Pakistan, Kazakhstan and Mongolia are also participants. THE ASSOCIATED PRESS

PM vows to do more to fight terrorism after ISIS threat against Canadians

The Conservative government intends to do more to counter Islamic extremism, Prime Minister Stephen Harper said Monday in response to a new threat levelled directly at Canada.

The Islamic State of Iraq and al-Sham (ISIS) issued a new audio recording over the weekend urging supporters to kill westerners — military or civilian — from countries involved in the battle against ISIS in Iraq, including "Canadians."



Prime Minister Stephen Harper
SEAN KILPATRICK/THE CANADIAN PRESS

Security agencies have been tracking these events

for some time, Harper said.

"We have, as you know, strengthened laws in this country to deal with these kinds of threats," he said.

"We are currently in the process of examining these laws and examining other means we may have to monitor and to take action against both organizations and individuals who may undertake activities that are potentially threatening to Canadians."

THE CANADIAN PRESS

Expanded campaign

U.S. strikes ISIS targets in Syria

The U.S. and partner nations began launching airstrikes against ISIS targets in Syria for the first time Monday night, expanding a military campaign against the militants with a mix of fighter jets, bombers and Tomahawk cruise missiles fired from ships in the region.

THE ASSOCIATED PRESS

Save the Earth with a printer?

Going green.

A Waterloo, Ont., business promoting its 3D printer in NYC argues the product can be good for the environment

While hundreds of thousands of people marched against climate change in New York City, across town, two young Canadian entrepreneurs displayed an invention they hope might put a little dent in the global carbon footprint.

The business partners from Waterloo, Ont., took home a couple of the judges' ribbons at a technology fair Sunday afternoon, as they showed off an adapter that allows home-style 3D printers to work with additional materials.

Hooked up to one of these syringe-like contraptions, they say, a home unit is no longer confined to just printing plastic. Suddenly, a high-tech do-it-yourselfer's repertoire might include ceramic, wood filler, clay, hydrogels — pretty much any viscous substance that can be squeezed through a little tube, at room temperature.



Andrew Finkle and Charles Mire, the co-founders of Canadian startup Structur3D, show off the 3D-printer adapter they used to create a New York Yankees logo out of Nutella at the Maker Faire festival in Queens, N.Y., on Sept. 21. THE CANADIAN PRESS

"Are you 3D-printing Nutella?!" one woman burst out as she arrived at the display stand for Structur3D.

Yes, in fact, they were. Playing to the local crowd, they had even set up a 3D printer to draw a chocolatey

replica of a New York Yankees logo.

Mire made the point that his \$379 gizmo also has serious applications, beyond Nutella spreads. One of those happens to be environmental — a buy-local movement, if you will, narrowed down to your own house. "It's one less trip (people) have to make to

the store. It's one less thing they have to order off of the Internet," Mire said. "They can use locally sourced materials or make things in their own homes. In a way, it really could reduce carbon footprints on a cumulative level.... So it's just a small contribution, on a very large problem." THE CANADIAN PRESS

Spoiler alert! Canadians are more polite than Americans about spoilers

Sorry about that spoiler, eh?

According to a study conducted by Netflix, Canadians are characteristically polite about trying to avoid spoiling a TV show for their friends and family.

But most say they've had to apologize in the past for blurt-ing out too much about an exciting plot point.

Meanwhile, Americans were twice as likely to think they should be able to talk about a new episode of their favourite TV show any time they want.

"(Canadians speak about

spoilers) with a certain delicacy ... and they are accommodating with one another with a fine touch when it comes to social interactions," says Vancouver native Grant McCracken, a cultural anthropologist who has worked with Netflix to examine viewership trends.

"Americans, in maybe that characteristically American way ... get to that diplomatic moment, they start to code things (during conversations), but they go, 'This is stupid, let's let fly,' and it's up to the spoilee to protect themselves."

THE CANADIAN PRESS

Market Minute

DOLLAR
90.65¢
(-0.70¢)

Natural gas: \$3.85 US (-\$0.01)
Dow Jones: 17,172.68 (-107.06)

TSX
15,129.00 (-136.35)

OIL
\$90.87 US (-\$0.78)

GOLD
\$1,217.90 US (+\$1.30)

\$17.8B lawsuit

Big Tobacco case enters final leg

Final arguments are under-way in a landmark case pitting Quebec smokers against Big Tobacco.

The \$17.8-billion lawsuit is believed to be the biggest class action ever seen in Canada. THE CANADIAN PRESS

New record

Apple sells 10M iPhones in 3 days

Apple says it sold more than 10 million iPhone 6 and 6 Plus models, a record for a new model, in the three days after the phones went on sale.

THE ASSOCIATED PRESS

Passport smartphone

BlackBerry takes on the iPhone 6

BlackBerry's newest Passport smartphone will sell for \$599 US without a wireless carrier contract in the U.S., about \$50 to \$250 cheaper than various models of the iPhone 6.

THE CANADIAN PRESS

CANADA'S SMARTEST PERSON
CEO of reachAbility
Tova Sherman is one of Canada's Smartest People.

Tova Sherman, Founding Director and CEO of reachAbility

Association Halifax, Nova Scotia is one of 32 Smartest People selected to compete for this year's Canada's Smartest Person title and will be on the premiere for this show airing September 28th on CBC TV at 9pm. Tova provides a unique hybrid of executive leadership combined with critically important first person experience in disabilities. Tova understands first hand living with the realities of brain health challenges as she balances ADHD, anxiety and depression, into her passion for reachAbility and leveling the playing field for all persons with disabilities. Tova is an award winning nationally recognized inclusion and disabilities expert and trainer who frequently speaks and facilitates across Canada at conferences, TED lecture circuit and her own television series, Inclusion Revolution.

All Nova Scotians . . . CHEER our dynamic, funny and totally engaging Tova on through tweets and facebook as she competes to be Canada's Smartest Person in the season opener.



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FASHIONABLE PEOPLE WEARING QUESTIONABLE THINGS

I would never say that I was bullied in high school, but I do have a vivid memory of one particular Mean Girl moment. I must have been about 13 or 14 when a classmate cornered me at my locker, looked my body up and down and asked: Why do you dress like that?

I think she was referring to my attempt at early-2000s European street style, a look that didn't exactly translate at my suburban Canadian high school. But despite her harsh disapproving attitude I have to admit it was an interesting question. Why did I choose to dress like that? Why do any of us buy and wear certain types of clothing, and why do other people care?

The question of why we wear what we do is the subject of a new book edited by Toronto author Sheila Heti in collaboration with Leanne Shapton, Heidi Julavits and Mary Mann. *Women in Clothes* includes contributions from 639 women — writers, fashion industry insiders, famous types and normal people — exploring our emotional attachment to clothing. The book features a diverse array of perspectives that were crowd-sourced through personal interviews and an online



SHE SAYS
Jessica Napier
metronews.ca

style survey.

I'm sure some people would dismiss such a compilation as superficial frippery — who really needs to read 500-plus pages on getting dressed? But I think there's great value in understanding how women from all walks of life present themselves to the world through their clothes.

Magazine editors like to write about "statement pieces," but every piece of clothing we own sends a message, even if it's understated. Clothes tell a story about who we are and how our personalities, lifestyles and bodies change over time.

Wardrobes are tangible scrapbooks filled with mundane and momentous items: bathing suits, pyjama pants, pencil skirts, Bridal gowns, maternity dresses, underwear and so much more.

And then there are the clothes that got away: the expensive pair of high heels you just couldn't justify buying, the earring that

fell down the drain never to be seen again, or the one-of-a-kind leather jacket you accidentally abandoned in a restaurant coat check. I don't follow fashion week runway shows or trend reports, but I do love clothes. I am always curious about the changing shapes, cuts, colours and varieties. Most of all, I'm inspired by the ways in which other women choose to wear their clothes, from the professionally chic fashion blogger in my Instagram feed to the stylish woman waiting for bus alongside me in the morning.

I'm happy to look back at those cringe-worthy photographs in my high school yearbook because I'd rather be occasionally embarrassed than always play it safe in basics.

Why not take an experimental approach to dressing and try on different styles and trends? Saying "I can't pull it off," is the most absurd sartorial statement anyone can make. Of course you can pull it off — all you have to do is put it on.

When it comes to answering the question of why we dress the way we do, there's no singular answer. Style is determined by a number of personal and cultural reasons. Clothes are functional, but they can also be fun and experimental and yes, sometimes a big mistake.

Insert David Bowie song-title reference here



In this artist concept provided by NASA, the Mars Reconnaissance Orbiter (MRO) approaches Mars on a mission to study its upper atmosphere. Late Sunday night, MRO entered orbit around Mars for an unprecedented study of the red planet's atmosphere. NASA HANDOUT/THE ASSOCIATED PRESS

NASA's Maven looks for clues to life, on Mars

NASA's Mars Reconnaissance Orbiter (MRO) entered orbit around Mars for an unprecedented study of the red planet's atmosphere, following a 710-million-kilometre journey that began nearly a year ago.

The robotic explorer successfully slipped into orbit around the red planet late Sunday night. Scientists believe the Martian atmosphere holds clues as to how Earth's neighbour went from being warm and wet, billions of years ago, to cold and dry. That early wet world may have harboured microbial life, a tantalizing question yet to be answered. THE ASSOCIATED PRESS

1 Martian year = 2 Earth years

Mars — short for Mars Atmosphere and Volatile Evolution Mission — will spend at least one Earth year collecting data.

- The craft is as long as a school bus, from solar wingtip to tip, and as hefty as an SUV.

Woohoo!

"I think my heart's about ready to start again.... All I can say at this point is, 'We're in orbit at Mars, guys!'"

Bruce Jakosky, Mars' chief investigator

MetroTube

Meanwhile, in Russia ...



ANDREW FIFIELD
andrew.fifield@metronews.ca

It's been a while since we've had a good "Meanwhile, In Russia" presentation, so it's perhaps timely that the all-seeing eyes hovering over the country's roadways have checked in with this lucky cyclist, who walked away from the most terrifying bike crash you're likely to see. (Palvinder Kaur/YouTube)



GETTY IMAGES FILE

Twitter

@metropicks asked: "F*** it, I quit." A woman in Alaska left her reporting position on air using profanity. What kind of exit would you make to leave a lasting mark?

@AllisonThiessen: my brother baked a cake with "I quit" on it to end a job on a sweeter note.

@BrittanyJoyce22: I once quit by telling my boss it was time for me to get "A real job" I meant to say "A job in my field" #Ooops

@WTarcisio: I always leave doors open in the job. Life is not a Jim Carrey movie

Join the conversation @metropicks



SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 13 in Scene.

To see these pages spring to life, download or update the Metro News app and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
2. Hold your device over any image that has the AR logo near it. Wait for the green scan bar to read the image!
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DVD review



Neighbors

Director. Nicholas Stoller

Stars. Seth Rogen, Zac Efron, Rose Byrne

.....

This bumpy comedy by Nicholas Stoller (Forgetting Sarah Marshall) finds mirth in how we're all just one life change away from curmudgeonhood. One minute you're smoking grass, the next you're screaming at "kids" to get off your lawn.

Seth Rogen and Rose Byrne, both in their early 30s, play the "old couple next door" to a group of wild frat boys led by Zac Efron, age 26.

Rogen's Mac and Byrne's Kelly are one-time ravers who are now parents of an adorable baby girl. All they want, as any parent would, is a little peace and quiet so their darling can sleep blissfully at night.

But that's not happening now that the local college frat boys of Delta Psi have moved next door. Cue mayhem as diaper changers and toga wearers collide. Hose off, repeat for occasional laughs. **PETER HOWELL**

Television

Colin Farrell joins True Detective

After months of rumours, actor Colin Farrell has finally confirmed his involvement in the second season of HBO's crime series True Detective. Farrell will share the billing with three other actors whose names have yet to be revealed.

In an interview with the Sunday World, Farrell confirmed his participation in Season 2 before sharing a few details on the project: "I know it will be eight episodes and take around four or five months to shoot. I know very little about it, but we're shooting in the environs of Los Angeles which is great. It means I get to stay at home and see the kids."

Taylor Kitsch, Elisabeth Moss and more recently Rachel McAdams are among those rumored to be in line for the additional lead roles. **AFF**

S.H.I.E.L.D. actor relishes Grant scheme of things



Scan this photo with your Metro News app to check out a video recap of Season 1 of Agents of S.H.I.E.L.D. before you start watching Season 2.

Agents of S.H.I.E.L.D.
Brett Dalton's OK with hate-on fans have for turncoat character he plays in show they love



RICHARD CROUSE
scene@metronews.ca

Brett Dalton knows he's the gent Agents of S.H.I.E.L.D. fans love to hate. "I get boos," he says.

As Agent Grant Ward he spent most of the show's first season as a gruff but good guy. Then in a late season development, it was revealed that he was actually a spy working for HYDRA, a criminal organization dedicated to global domination.

"I get some, 'I trusted you!' 'I feel betrayed.' 'My mother still believes in you!' I get the whole gamut. It's kind of all over the place for me. For the other actors it's more like,

'Oh my gosh, I love you on the show.' For me it's more like, 'I love-hate you.' I get a little of both.

"I think Ward is a character they love to hate. It's not boo against Brett Dalton, it's boo against the character."

The actor, who holds a masters degree from the Yale School of Drama, had no idea there were big changes in store for Agent Ward.

"I'm glad they didn't tell me," he says, "because I really would have tipped my hand. They told me the episode before and there were a couple of shoot days left and even in those shoot days it kind of did me in mentally because I was thinking, 'Am I listening like a spy? Am I giving too much away?' All I was doing was listening in the scene. Standing and listening. But the way in which I was listening, I wasn't so sure about."

The fan reaction to his character's double cross was swift.

"In the beginning some of the tweets were like, 'I want

Boo who?



"I think Ward is a character they love to hate. It's not boo against Brett Dalton, it's boo against the character."

Brett Dalton on fan reaction to his character Grant Ward's double cross on Agents of S.H.I.E.L.D.

to punch @iambrettdalton in the face.' They didn't say Grant Ward, they tagged me and said they wanted to punch me in the face. I thought they could have just typed in Grant Ward."

As the show goes into its second season Dalton tips his hat to the fans. Without them the show wouldn't exist, literally.

When Agent Coulson, played by Clark Gregg, was killed by Loki in The Avengers movie it triggered a worldwide Coulson Lives crusade that inspired Marvel to create the show.

"The whole Coulson Lives

campaign was started by the fans," he says, "and became this really fun, underground stencil that was seen around the world. Then Marvel got wind of it and decided to make a whole TV show around Coulson putting together a ragtag group of people trying to save the world each week.

"The show exists because of the fans. And that's the reason we have Season 2 as well, because we have such amazing fans who tune in each week and follow everything and are so eager about the whole thing. They're why we do what we do."

2 SCENE

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Taking a stand for all muggle women around the world



NED EHRBAR
Metro in Hollywood

Ladies and gentlemen, Emma Watson is your new feminist icon.

The Harry Potter star and UN Goodwill Ambassador gave an impassioned speech at the United Nations headquarters this weekend to launch the HeForShe campaign, looking to help turn men into advocates as well.

"I decided that I was a feminist. This seemed



uncomplicated to me. But my recent research has shown me that feminism has become an unpopular word. Women are choosing not to identify as femin-

ists. Apparently, (women's expression is) seen as too strong, too aggressive, anti-men, unattractive," Watson said during her speech.

"Why has the word become such an unpopular one? I think it is right I am paid the same as my male counterparts. I think it is right that I should make decisions about my own body. I think it is right that women be involved on my behalf in the policies and decisions that affect my life. I think it is right that, socially, I am afforded the same respect as men."

I have no joke here but just wanted to point out that Watson is awesome. Although I was a little distracted by the presence of her ludicrously attractive brother seated behind her.

Mad Men pillow talk is secure, Hamm vows

While the rest of us have to wait until next year to find out how *Mad Men* ends, there is at least one person not working on the show who knows what happens: Jon Hamm's longtime girlfriend, Jennifer Westfeldt.

But don't expect her to spill anytime soon.

"Oh, she knows. I tell her everything," Hamm tells *Us Weekly*. "I tell her everything and she definitely knows. She won't tell anyone."

Perhaps series creator Matthew Weiner stands outside their window every night just to make sure.



Jon Hamm



Sharon Stone ALL PHOTOS GETTY IMAGES

Italian paparazzi pump ego for 'declining' star Stone

Sharon Stone is getting some bad buzz from the Italian filmmaking duo Pupi and Antonio Avati, with whom she worked on *Golden Boy*.

The Avati brothers recounted some diva-ish behaviour on Stone's part, brought on by the presence of paparazzi, according to the *Hollywood Reporter*.

"We brought her to the most luxurious suite of the Hassler Hotel. The next day

on set, there were more than 200 paparazzi. There, her ego definitely inflated. It is the classic pattern with these American actresses who are slightly declining."

Ouch. And Pupi recalls her disappearing completely.

"My brother received a phone call from Los Angeles from her manager: She wouldn't come back on the set until the photographers ... had gone away."

Prissy Domestic Short Hair

Get a load of those baby blues! They belong to sweet two year old Prissy who is one friendly gal. With a rumbling, throaty purr, she reaches through her kennel to touch anyone who passes by. She is engaging and has a lovely, energetic, playful spirit. Prissy is thrilled with attention and highly people-friendly. All she lacks is a stable forever home to call her own. Her personality suggests she would do well in just about any household where she received the love and respect all animals deserve. **She is looking forward to meeting you...**



For more information on **Prissy** and other adoptable furry friends, visit www.pas.spcans.ca or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or info@pas.spcans.ca

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A breath of awareness

Idiopathic pulmonary fibrosis. Rose McGowan got involved in the fight against the deadly disease after her father passed away

IZABELA
SZYDLO
life@metronews.ca

For the last 22 years, actress Rose McGowan has entertained us on the silver and small screens. But playing Tatum in *Scream* or Paige on *Charmed* wouldn't compare in difficulty to the role she played when her father was diagnosed with idiopathic pulmonary fibrosis (IPF).

"It was definitely my real-est role," says McGowan of being her father's caretaker during his fight with the fatal lung disease, which causes scarring that makes it increasingly difficult to breathe. "Breathing is so fundamental. So to have it bring you closer to dying every time you do it is horrifying."

After her father's death five years ago, McGowan became involved with the Coalition for Pulmonary Fibrosis and Daughters of Pulmonary Fibrosis in the U.S. She recently teamed up with the Canadian Pulmonary Fibrosis Foundation (CPFF) for its IPF Awareness Month, which McGowan says is a feat in itself.

"When I became involved, there was hardly a website," she says. "So, to designate September as IPF Awareness Month is huge. I think people are asking what it is a lot more. There are so many causes people can pay attention to but this one is really import-



Actress Rose McGowan holds a photo of her and her father, who died of IPF. CONTRIBUTED

ant, especially since it is crossing age lines."

Though about 15,000 Canadians are diagnosed and 5,000 die of IPF every year, little is known about the disease, including its origins. And while it generally hits those who are 50 or older, in 2011, Helene Campbell, a 20-year-old Canadian, was diagnosed. Like many sufferers, Campbell, who appeared on *Ellen* after her organ-donor video went viral, was misdiagnosed with asthma. Other misdiagnoses include pneumonia or heart failure.

"It is common to be misdiagnosed because all the

complaints sound like different things." Symptoms include blue lips, dry cough, difficulty getting a full breath and uneasiness. "I had never heard of it and neither had my dad; that's why it was such a shock. I went with him to the pulmonologist after he was misdiagnosed for about nine months and the doctor just shook his hand and said, 'I'm so sorry.'"

As part of its efforts, CPFF launched a social media campaign called Kiss IPF Goodbye. For every share of the organization's videos and/or use of the hashtag #KissIPFGoodbye on Facebook, Twitter or In-

stagram, pharmaceutical company Boehringer Ingelheim will donate \$5 for research.

Aside from educating the public, McGowan spends time with IPF patients and their caretakers. Having watched her father go from a "bear of a man who hiked trails every day, was super active and a vegetarian" to being unable to walk up one stair caused a lot of confusion and frustration, she says.

"It was horrible seeing him go through it and it's so awkward because I look back and there's all these things I should have asked and said," she says. "I would say to any-

one who has a sick loved one, just talk. There are also support groups for both patients and caretakers because it's exhausting."

McGowan is realistic about her expectations for short-term IPF research and says she hopes to see a treatment developed to slow the progress of the disease. "To help people live better lives while they are here is really my goal," she says. "It's one of those things where people are like, 'I want to lend my voice and support' but for me, it's like, 'I want to lend some reality.' This is real and it's scary and it hurts. I want that to stop."

3
LIFE

TOP
SIX@6

Weeknights at 6 Jillian counts down the HOTTEST songs of the day

- 6 Nicki Minaj
Anaconda
- 5 Jeremih ft YG
Don't Tell 'em
- 4 Shawn Mendes
Life of The Party
- 3 Iggy Azalea ft Rita Ora
Black Widow
- 2 Meghan Trainor
All About That Bass
- 1 Taylor Swift
Shake It Off

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Tonight's pork dinner deserves a little tenderloin and care

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Theresa Albert
DHN, RNCPT
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Loin is your secret password. It is and always will be the leanest cut of meat, despite your choice of animal.

Beef tenderloin, lamb loin, or pork tenderloin always come from beneath the ribs next to the backbone where fat rarely accumulates. Since it is an underused muscle it always stays tender.

Here are some tips for cooking it:

- Use a meat thermometer and don't cook past 140 F (even the pork!). It may still be a little pink.
- Season the loin well and roast at a high temperature (425 F) for a quick weeknight meal.
- It goes well with Asian flavours, Indian spices, or

Mediterranean or Caribbean seasonings.

- Serve loin with something sweet like chutney or fruit compote.
- Bake a couple extra and use throughout the week. They're great in sandwiches, salads and stir fries.
- Some wrap it in bacon to add flavour and keep the meat extra moist.

Always allow tenderloin to rest before slicing. Five to eight minutes tented with foil should do it. The juices can run out if it's cut while still too hot and your meat may end up stringy. And no one but Tarzan wants string on their loin.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

Spiced Pork Tenderloin.

Welcome autumn with this rustic dish that can be made on the grill or in the oven

THERESA ALBERT
myfriendinfood.com

With sweet spices like clove, combined with savoury spices like garlic and thyme, this tenderloin is flavourful but lean.

It goes very well with fresh peaches, pears or apples on a simple salad for a low-carb or paleo dinner.

1. In a bowl combine all ingredients and add pork, turning to coat. Marinate in large freezer bag in

Ingredients

- 2 tsp grapeseed oil
- 4 cloves garlic, minced
- 2 tbsp fresh thyme, chopped (or 1 tbsp dried)
- 1 tbsp paprika
- 2 tsp ground clove
- 1 tsp ground cumin
- 2 tsp pepper
- 1/2 tsp salt
- 2 pork tenderloin (12-16 oz each)



This recipe serves six. THERESA ALBERT

fridge up to 24 hours or on counter for 10.

2. Place pork on greased grill over medium high heat and close lid. Cook 6 minutes, turn, cook 6 more minutes and turn again.

Cook with lid down, except when turning. Alternatively, it can be cooked in oven at 450 F for 30-40 minutes until internal temp reaches 160 F.

3. Let stand for 5 minutes

before cutting.

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To go raw or not?

For most of us, piping hot, slathered with butter and sprinkled with salt really is the best way to enjoy corn on the cob.

Our only gripe with it? It's so good, we tend to forget that fresh corn doesn't need to be cooked to be delicious.

Adding raw corn kernels is an easy way to push just about any salad over the top.

The best way to cut kernels from an ear of corn is to stand each ear on its wide

end on a cutting board. Then use a serrated to knife to saw down the side of the cob, cutting just deep enough to slice off the kernels. Rotate the cob and saw down again, repeating until all of the kernels are removed.

Not ready to go raw? Here is a Corn and Edamame Succotash that still gets you thinking beyond the basic cob.

1. In a large deep skillet

over medium-high, melt the butter. Add the garlic, onion and red pepper flakes, then sauté for 4 to 5 minutes, or until tender.

2. Add celery, red pepper, corn kernels and edamame. Cook for 5 minutes. Stir in the tomatoes, thyme and chives, then season with salt and pepper. Cook for another 2 minutes. Serve warm or at room temperature.

THE ASSOCIATED PRESS

Ingredients

- 3 tbsp unsalted butter
- 2 cloves garlic, minced
- 1 yellow onion, chopped
- Pinch of red pepper flakes
- 2 ribs celery, chopped
- 1 red bell pepper, cored and chopped
- 4 ears corn, kernels removed
- 1 cup shelled edamame
- 1 cup grape tomatoes, halved
- 2 tbsp chopped fresh thyme
- 2 tbsp chopped fresh chives
- Kosher salt and ground black pepper

Mooseheads

Fitzgerald out 6-8 weeks with a fractured patella

The Halifax Mooseheads blue-line has been hit with another significant injury.

The QMJHL team announced Monday that rookie Cavan Fitzgerald will be out for the next eight weeks with a fractured patella. Fitzgerald, 18, was hurt during the Mooseheads' 6-5 overtime loss to the Saint John Sea Dogs on Saturday night.

In four games this season, Fitzgerald has a goal, two assists.

The injury to Fitzgerald is the second long-term injury so far this season to a Mooseheads defenceman. During the opening weekend, Jesse Lussier suffered a broken wrist and will be out for about six to eight weeks. **METRO**

NFL

Ravens owner denies trying to get Rice off hook

Baltimore Ravens owner Steve Bisciotti criticized a report that suggests he and other team officials tried to persuade the NFL to be lenient on Ray Rice after the running back was arrested for knocking out his then-fiancée in an Atlantic City elevator. "Their accusations didn't jibe with what we know is fact," Bisciotti said.

THE ASSOCIATED PRESS

Goodell in 'difficult situation': Bettman

Commiserating with NFL commish. NHL boss says being under microscope part of job

Gary Bettman understands the intense scrutiny NFL commissioner Roger Goodell is under.

Goodell has been harshly criticized for being too lenient or not acting quickly enough to punish Ray Rice, Adrian Peterson and other players involved in a rash of recent domestic violence incidents.

"I think he's working very hard in a difficult situation," Bettman, the NHL's longtime commissioner, said Monday.

Bettman said it's impossible to be too comfortable in a job like his or Goodell's because unpredictable things happen.

"Whenever that phone rings, and sometimes it does at two in the morning, you've got to respond and you've got to have your A-game otherwise you're liable to make a mistake, and when you make a mistake in this position, it gets magnified," Bettman said at a meeting for The Canadian Club of Toronto.

Arrested for punching his then-fiancée and now wife earlier this year, Rice was originally suspended for two games,



NHL commissioner Gary Bettman chats with Don Cherry at a meeting for The Canadian Club of Toronto to launch the upcoming season on Monday in Toronto. **CHRIS YOUNG/THE CANADIAN PRESS**

30 teams enough for now

"I'm not suggesting that at some point in the future we might not look at it, but we're not ready to do it now."

Gary Bettman on NHL expansion

but after a video surfaced on Sept. 8 showing the violent attack, he was released by the Baltimore Ravens and suspended indefinitely. Peterson has been indicted on child-abuse charges and deactivated by the Minnesota Vikings but

has not been suspended.

Bettman said the NHL's security department and behavioural health counsellors have talked to players about the topic of domestic violence for more than a decade.

"Based on our experience

to date, we believe that the appropriate procedures are in effect that we can do what we need to do on a case-by-case basis," he said.

The collective bargaining agreement includes procedures on how to handle off-ice incidents and gives the NHL power to suspend a player amid a criminal investigation if failing to do so would "create a substantial risk of material harm to the legitimate interests and/or reputation of the league." **THE CANADIAN PRESS**

Booth, Kadri get Leafs off to positive pre-season start

David Booth scored the only goal in the shootout as the Toronto Maple Leafs edged the Philadelphia Flyers 3-2 on Monday in NHL pre-season action.

Nazem Kadri, playing in his hometown of London, Ont., scored with 15 seconds remaining in the second period for Toronto, cutting Philadelphia's lead to 2-1.

Kadri would then set up the equalizer 1:39 into the third by threading a cross-ice pass to defenceman Tom Nilsson, who would rip a one-timer past Flyers goalie Anthony Stolarz.

Matt Read and Michael Raffl provided the offence for the Flyers, with Nick Cousins assisting on both goals.



The Maple Leafs' David Booth scores the winning shootout goal on Flyers goalie Anthony Stolarz on Monday night in London, Ont. **DAVE CHIDLEY/THE CANADIAN PRESS**

Stolarz stopped 29 of 31 in 65 minutes.

Christopher Gibson made 11 saves on 12 shots in 31 min-

utes and Cal Heeter also had 11 saves on a dozen shots the rest of the way for Toronto.

THE CANADIAN PRESS

MLS

Defoe back in T.O.

Jermain Defoe is back in Toronto, but the question remains for how long.

Is he here for the duration of his lucrative MLS contract with Toronto FC or is this just a stopover until the international transfer window reopens in January?

The star striker flew in Monday after nursing a groin injury back home in England.

There was no word whether the 31-year-old forward, who has missed 12 games this season through injury or suspension but still leads the team in scoring with 11 goals in 16 MLS contests, will be ready for action when TFC hosts the Portland Timbers on Saturday. **THE CANADIAN PRESS**

MLB

Jays off to winning start in final week

J.A. Happ pitched seven innings, Danny Valencia drove in three runs with a triple and Jose Bautista, Kevin Pillar and Anthony Gose homered as the Toronto Blue Jays defeated the Seattle Mariners 14-4 on Monday.

Happ (10-11) became the fifth Blue Jays starter to reach double numbers in wins this season as the left-hander allowed eight hits, including a home run by Kyle Seager, and two runs.

It is the first time the Jays (79-77) have had five starters win at least 10 games in one season. It is the third time they have had five pitchers with at least 10 wins including relievers. **THE CANADIAN PRESS**

4 SPORTS

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

Aries

March 21 - April 20

If a romantic relationship is becoming a bit of a habit, the Sun in Libra will help you recover some of the sparkle that has been lost.

Taurus

April 21 - May 21

You can make things easier for yourself by being a little less intense in both your attitude and your actions. Don't be tempted to burn the candle at both ends.

Gemini

May 22 - June 21

According to the planets you are overreacting to a quite minor event. The good news is you will soon get over it. Make having fun your mission.

Cancer

June 22 - July 23

Life could be a bit of a battlefield today especially when people whose way of doing things you despise insist that you follow their example. Your principles may not allow you to do that.

Leo

July 24 - Aug. 23

If you have done something you are proud of then by all means shout about it and let everyone know. Your true friends will be delighted for you.

Virgo

Aug. 24 - Sept. 23

Don't act hastily where a business matter is concerned or you could be paying for it well into the future.

Libra

Sept. 24 - Oct. 23

You are determined to put right what you feel has gone wrong with your life and with the Sun moving into your birth sign today you can sense that the time to act has arrived.

Scorpio

Oct. 24 - Nov. 22

The difficulties you are encountering are not designed to weaken you but to toughen you up for the challenges that lie ahead.

Sagittarius

Nov. 23 - Dec. 21

How much of what you believe is based on fact and how much is based on wishful thinking? Don't be afraid to junk old ideas.

Capricorn

Dec. 22 - Jan. 20

Some of the people you meet today will want to hear what you think about what's going on in the world — so tell them. Nothing gets changed by silence — and they did ask!

Aquarius

Jan. 21 - Feb. 19

You have sacrificed a great deal in recent weeks. Now you are wondering if you are going to get something back in return. Don't worry, you will.

Pisces

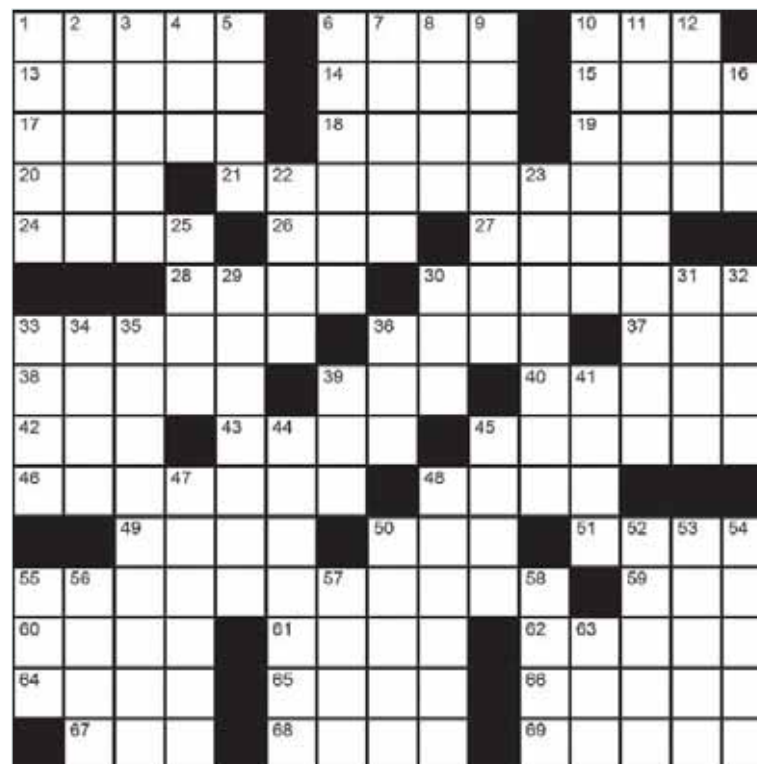
Feb. 20 - March 20

You are sure to tread on some toes and get criticized for it. No matter. Better to be clumsy and get noticed than to make all the right moves and fail to make an impression.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. City in Iggy Azalea's "Fancy"
6. Life or death matter [abbr.]
10. Initials-sharers of Elvis' wife
13. ___ and dined
14. Luke Spencer's daughter on "General Hospital"
15. Farm animals
17. Gladden
18. Biblical land where Moses was buried
19. Louisiana, for one, in French
20. Gun the engine
21. "Assimilate" industrial rockers from Vancouver: 2 wds.
24. Briefly get ready
26. These: French
27. Decorate again
28. Not completely closed
30. York ___ National Historic Site of Canada, in Halifax
33. Orthodontics: Pre-pulling teeth thingy
36. Mr. Bridges
37. Kanga's sidekick
38. Ballroom dance
39. "Beverly Hillbilities" patriarch
40. "Curb Your Enthusiasm" star Mr. David
42. Religious robe
43. Airport scr. postings
45. Inattentive



46. Museum in Calgary
48. Dusty ___ (Pink colour)
49. Someone remorseful
50. Pine-___ (Cleaning product)
51. Comfy house area
55. 1990 blockbuster

- on Michael Ironside's resume in which Arnold Schwarzenegger starred: 2 wds.
59. Greyish-brown
60. Mr. Rickman
61. Studied-for thing
62. Repent
64. Multivitamin

- mineral
65. Egypt's river
66. Gravy cousin
67. Compass point
68. Celebrity
69. ___-Tracy, Quebec

Down

1. Jerk

2. Cargo-of-crude carrier
3. Jack-in-the-deck
4. So far
5. Verses of veneration
6. More like Freddy's tree
7. Unstable leptons

8. Panache
9. Dorothy's slippers colour: 2 wds.
10. Phony
11. Scented mix of petals-and-spice
12. Exchange
16. Farm enclosure
22. Barenaked Ladies: "If I Had \$1,000,000" vehicle
23. Vends
25. Treaty
29. 1938 Bette Davis/Henry Fonda classic
30. Curtains holder
31. Round Table knight
32. Yo-Yos
33. Loot
34. Melancholy
35. People from Edmonton's province
36. Mr. Lawrence, et al.
39. ___-dropping (Surprising)
41. Preachy positive!
44. Charlottetown-born actor, Jonathan

45. "___ with It" by Oasis
47. Subtlety
48. Wanderer
50. La ___ (Milan opera house)
52. Scent
53. "An ___ of prevention is worth..."
54. Prepare to pray
55. Li'l cartoon 'Devil'
56. "Rolie Polie ___"
57. Leave
58. Laddie's love
63. Universal principle

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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